

SPINA BIFIDA ASSOCIATION OF KENTUCKY

Annual Report 2017



SBAK Regional Conference



Walk N Roll

Mission

The mission of the Spina Bifida Association of Kentucky is to promote the prevention of Spina Bifida and to enhance the lives of all affected.

History

The Spina Bifida Association of Kentucky's mission is to promote the prevention of Spina Bifida and to enhance the lives of all affected. SBAK was founded in 1983 by two mothers of children affected by Spina Bifida, who were searching for a support and resource network for families. Over the past 30 years, SBAK has evolved into a thriving and successful organization helping children and adults affected by Spina Bifida in every corner of Kentucky.

Over the past seven years, SBAK has grown as an organization to meet the growing and ever changing needs of our families across Kentucky. In 2011, the addition of an SBAK Lexington office allowed us to increase program outreach efforts in Eastern Kentucky where the rate of neural tube defects is the highest in the nation.

Because The Spina Bifida Association of Kentucky is the only organization in the state that focuses solely and deeply on all issues related to Spina Bifida, we are highly effective in reaching a receptive audience.

The accomplishments and growth of SBAK are the direct result of the commitment, enthusiasm and dedication of the many supporters. In 2018, SBAK looks forward to reaching more individuals living with Spina Bifida, their families' caregivers and supporters. The Spina Bifida Association of Kentucky is able to accomplish all that we do because of the donation of time and dollars from individuals like you.

Spina Bifida Facts

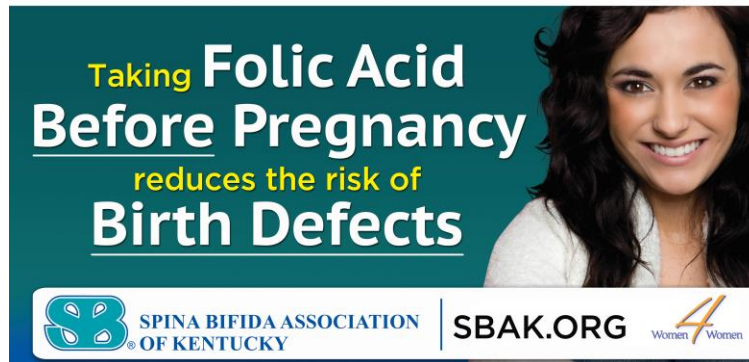
- Spina Bifida means "split spine."
- Spina Bifida is a neural tube defect that happens in the first 28 days of pregnancy.
- One out of every 1,300 babies born in the United States each year have Spina Bifida.
- In Kentucky, more than two out of every 1,300 babies are born with Spina Bifida.
- Spina Bifida is the most common permanently disabling birth defect.
- The effects of the Spina Bifida vary from minor back problems to paralysis, hydrocephalus, learning issues and bowel and bladder dysfunction.
- Research studies indicate that if a woman takes 400 mg of folic acid, a B vitamin, daily before becoming pregnant and during the first three months of pregnancy, the number of births involving Spina Bifida could be reduced by 70 %.

ACCOMPLISHMENTS

In this year the Spina Bifida Association of KY intensified efforts to support individuals living with Spina Bifida, their families, friends, caregivers and the professionals who work with them. In addition, SBAK also seeks to educate the public about Spina Bifida. During 2017, SBAK has:

- Collaborated with collateral organizations and other interested partners to serve the needs of the Spina Bifida Community.
- Educated the public, physicians and other health professional about Spina Bifida.
- Operated support services to assist individuals with Spina Bifida, their families and caregivers.

- Advocated for public policies that increase government funding for Spina Bifida research, education programs, and support services.



Advocacy/Awareness Outreach Billboards in Eastern KY

Year End Review

- Over 100 attendees at the Spina Bifida Association of KY Regional Conference.
- Displayed 3 Advocacy/Awareness Billboards in Eastern KY.
- Funded 32 families to attend Camp for Courageous Kids - a camp specifically for children with special needs.
- Visited 8 new babies and their families in the Neonatal Intensive Care Unit - Newborn Outreach Program.
- Partnered with community leaders to host the first Adaptive Sports Day at Riding for Hope Horse Park in Lexington KY.
- Assisted 32 individuals through the SBAK Financial Assistance Fund to attend the SBAK Regional Conference.
- 2,200 individuals, families and professionals received the Bi-Monthly SBAK Newsletter
- Hosted 11 playgroups for children ages 0-6 with Spina Bifida and their families across Kentucky and Southern Indiana.
- Hosted 6 Growing-Up with Spina Bifida programs for individuals ages 7-15 and their parents/guardians in Louisville and Lexington.
- Hosted 7 Adult Group/Giving Back Group programs in Lexington and Louisville.
- 200 volunteers support SBAK at our programs and events.
- SBAK hosted 4 Walk-N-Roll Awareness Fundraisers across KY with over 1,000 people in attendance.
- Participated in 15 Prevention and Awareness activities reaching over 2,000 individuals.
- 350 attendees at the 5 SBAK Holiday Party Socials across Kentucky and Southern Indiana.
- 35 financial benefits distributed to assist with out of pocket expenses.
- 2000 pieces of information regarding the prevention of Spina Bifida through awareness of the impact of Folic Acid.
- Active social media presence with Facebook, Twitter, Pinterest and Instagram.

Financial Report

2017 Income: Where does the money come from?	
Fund Raising Events	\$72,364
Grants and Partnerships	\$73,888
General Donations	\$14,173
In-Kind Donations	\$19,839
Program Revenue - Conference	\$7,580
Interest Income and Sales	\$844
<i>Total</i>	\$188,690
2017 Expenses: Where does the money go?	
Programs & Services	\$185,725
Fundraising	\$7,751
General/Administrative	\$30,746
Fundraising	\$31,467
<i>Total</i>	\$247,938
Net Assets Beginning of 2017	\$226,618
Net Assets end of 2017	\$159,618

* A complete copy of our audited financial statements are available on request.

2017 Board of Directors

Amanda Kremer

Board Chairwoman

LG&E / KU - 820 W Broadway, Louisville, KY 40202

Senior Financial and Contract Auditor

Lance Williams

Board Treasurer

Blue and Co. - 2650 Eastpoint Pkwy Suite 100, Louisville, KY 40223

Senior Accountant

Beth Bryant

Board Member

Adult with Spina Bifida

Retired

Robert Brown

Board Member

Goodwill - 130 New Circle Rd # 115, Lexington, KY 40505

Sales Associate

Michelle Gerken

Board Member

Eastern Kentucky University - 521 Lancaster Ave, Richmond, KY 40475
Associate Professor, ECU

Belinda Coyle

Board Member

Coloplast - Traveling Sales (no office)
Territory Manager KY/IN

Reese Turner

Board Member

US Military - Fort Knox Army Base
Human Resource Manager

Amy Sugg

Board Member

Norton Children's Hospital - 231 E Chestnut St, Louisville, KY 40202
Director of Operations



Adaptive Bike provided by SBAK's Financial Assistance Fund

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The Spina Bifida Association of Kentucky is a registered 501 (c) 3 organization.
Donations are welcome and tax deductible
SBAK is supported by generous individual donors, matching gifts, grants and fundraising events.