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# **Annual Report 2019**

A group of people sitting at a table

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Teal on the Hill – National Advocacy Day

A group of people standing in front of a building

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Walk N Roll

Mission

The mission of the Spina Bifida Association of Kentucky is to build a better and brighter future for all *those* impacted by Spina Bifida.

**History**

The Spina Bifida Association of Kentucky's (SBAK) mission is to build a better and brighter future for all *those* impacted by Spina Bifida. SBAK was founded in 1983 by two mothers of children affected by Spina Bifida, who were searching for a support and resource network for families. Over the past 36 years, SBAK has evolved into a thriving and successful organization helping both children and adults affected by Spina Bifida in every corner of The Commonwealth and Southern Indiana.

Over the past eight years, SBAK has grown as an organization to meet the growing and ever-changing needs of our families across Kentucky. In 2011, the addition of an SBAK Lexington office allowed us to increase program outreach efforts in Eastern Kentucky where the rate of neural tube defects is the highest in the nation.

Because The Spina Bifida Association of Kentucky is the only organization in the state that focuses solely and deeply on all issues related to Spina Bifida, we are highly effective in reaching a receptive audience.

The accomplishments and growth ofSBAK are the direct result of the commitment, enthusiasm and dedication of many supporters. In 2020, SBAKlooks forward to reaching more individuals living with Spina Bifida, their families’ caregivers and supporters. The Spina Bifida Association of Kentucky can accomplish all that we do because of the donation of time and dollars from individuals like you.

**Spina Bifida Facts**

* Spina Bifida means “split spine.”
* Spina Bifida is a neural tube defect that happens in the first 28 days of pregnancy.
* One out of every 1,300 babies born in the United States each year have Spina Bifida.
* In Kentucky, more than two out of every 1,300 babies are born with Spina Bifida.
* Spina Bifida is the most common permanently disabling birth defect.
* The effects of the Spina Bifida vary from minor back problems to paralysis, hydrocephalus, learning issues and bowel and bladder dysfunction.
* Research studies indicate that if a woman takes 400 mg of folic acid, a B vitamin, daily before becoming pregnant and during the first three months of pregnancy, the number of births involving Spina Bifida could be reduced by 70 %.

# **ACCOMPLISHMENTS**

In this year the Spina Bifida Association of KY intensified efforts to support individuals living with Spina Bifida, their families, friends, caregivers and the professionals who work with them. In addition, SBAK also seeks to educate the public about Spina Bifida. During 2019, SBAKhas:

* Collaborated with other organizations and other interested partners to serve the needs of the Spina Bifida Community.
* Educated the public, physicians and other health professional about Spina Bifida.
* Operated support services to assist individuals with Spina Bifida, their families and caregivers.
* Advocated for public policies that increase government funding for Spina Bifida research, education programs, and support services.

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# **Financial Report\***

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| --- | --- |
| **2019 Income: Where does the money come from? (unaudited)** | |
| Fund Raising Events | **$66,035** |
| Grants and Partnerships | **$66,466** |
| General Donations | **$38,661** |
| In-Kind Donations | **$14,880** |
| Program Revenue – Conference | **$2,732** |
| Interest Income and Sales | **$575** |
| *Total* | **$189,349** |
| **2019 Expenses: Where does the money go? (unaudited)** | |
| Programs & Services | **$170,233** |
| Fundraising | **$24,967** |
| General/Administrative | **$31,777** |
| *Total* | **$226,977** |
| Net Assets Beginning of 2019 | **$127,574** |
| Net Assets end of 2019 | **$89,946** |

\***Complete copy of our audited financial statements is available on request.**

**2019 Board of Directors**

**Amy Sugg**

***Board Chair***

Norton Children’s Hospital - 231 E Chestnut St, Louisville, KY 40202

Director of Operations

**Lance Williams**

***Board Treasurer***

Blue and Co. - 2650 Eastpoint Pkwy Suite 100, Louisville, KY 40223

Senior Accountant

**Cindy Pryor**

***Board Secretary***

**Program Committee Chair**

Administrative Assistant II

Humana – 515 W. Market Street, Louisville KY 40202

**Erin Straub**

*Board Member*

Summit Financial Group

Operations Process Director/Manager

3108 Setting Sun Court, Crestwood, KY 40014

**Colleen Payne**

*Board Member*

6612 Rockview Way, Louisville, KY 40299

MS, MRC

**Beth Bryant**

*Board Member*

Adult with Spina Bifida

**Michelle Gerken**

*Board Member*

Eastern Kentucky University - 521 Lancaster Ave, Richmond, KY 40475

Associate Professor, EKU

**Belinda Coyle**

*Board Member*

Coloplast - Traveling Sales (no office)

Territory Manager KY/IN

A group of people riding on the back of a bicycle

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Spina Bifida Family Camp at Center for Courageous Kids

Spina Bifida Association of Kentucky

982 Eastern Parkway, Box 18 Louisville, KY 40217

Office: 502-637-7363 Fax: 502-637-1010

[sbak.org](http://www.sbagreaterne.org.org)

The Spina Bifida Association of Kentucky is a registered 501 (c) 3 organization.

You can donate at sbak.org. All donations are welcomed and tax deductible.

SBAK is supported by generous individual donors, corporate sponsors, matching gifts, grants and

fundraising events.

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