



SPINA BIFIDA  
ASSOCIATION  
OF KENTUCKY

# 2022 Annual Report

# Contents

02

About Us

03

Programs &  
Statistics

04

2022 Financials

05

2023 Goals

06

Our Team



# Our Mission

Is to build a better and brighter future for all those impacted by Spina Bifida. We do this primarily by providing free programs and services for adults, children, and their families.

# Our History

The Spina Bifida Association of Kentucky, Inc. (SBAK) was founded in 1983 by two mothers of children with Spina Bifida who were searching for a support and resource network for families.

Over the past 39 years, SBAK has evolved into a thriving and successful organization helping both children and adults impacted by Spina Bifida in every corner of Kentucky and Southern Indiana.

Because SBAK is the only organization in the state that focuses solely on all issues related to Spina Bifida, we are highly effective in reaching a receptive audience.

Our accomplishments and growth are the direct result of the commitment, enthusiasm, and dedication of our supporters.

# Programs & Statistics

There are approximately 1,800 people living with Spina Bifida in Kentucky and Southern Indiana. Our goal is provide them with community, educational, and advocacy resources through our free programs and services.

In 2022 SBAK:

- Hosted 3 Park Hop Playdates at accessible parks around Kentucky and Southern Indiana
- Hosted the annual Walk-N-Roll Awareness Campaign in Louisville for over 100 families
- Hosted Adults and Teens at a Freezer Meal Workshop, Paint Night, and Ax Throwing events
- Hosted a Spring Eggstravaganza Picnic, Summer's End Picnic, and partnered with A Kid Again for a December holiday event in Lexington
- Helped Spina Bifida families in Western Kentucky and Lexington form SB Connect groups to strengthen community bonds in areas distant from our Louisville offices



5

Newborn Outreach Visits

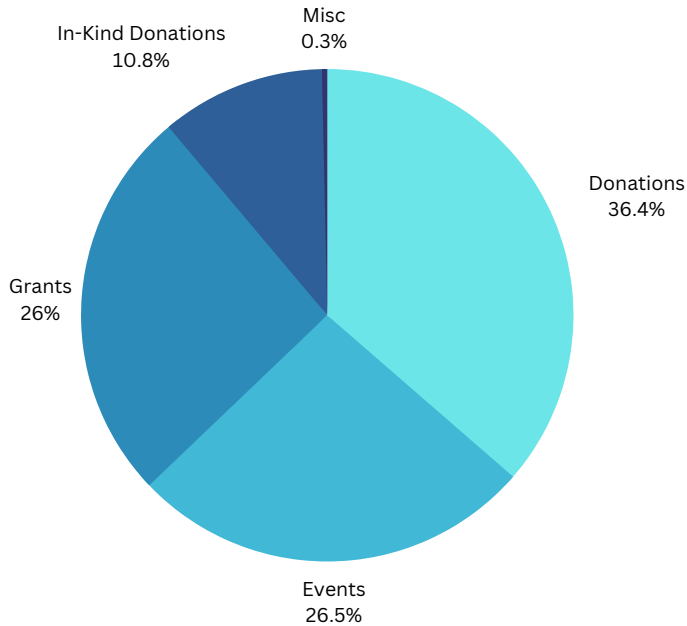
17

Families Helped by the  
Financial Assistance Fund

29

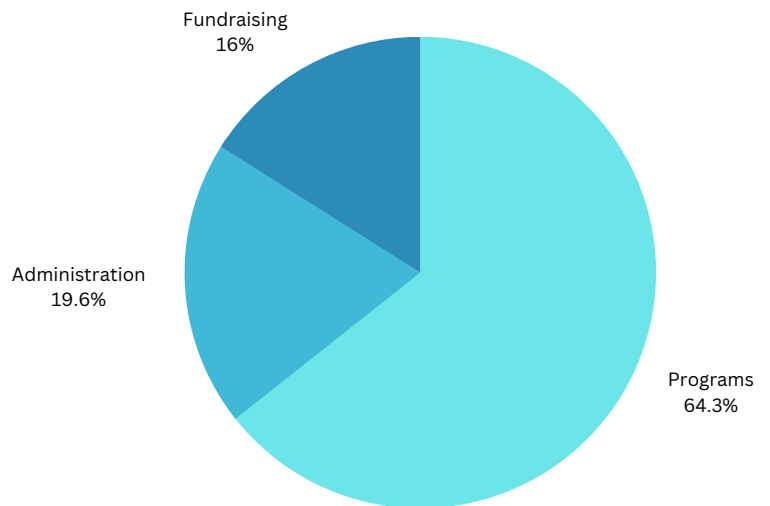
Families Sent to CCK  
SB Family Camp

# 2022 Financials (unaudited)



## Income

## Expenses



Creating a good impact report means being transparent with your audience. Back up your claims with relevant data. Keep your sentences concise when necessary, but dive into detail when it comes to qualitative and quantitative evidence. Remember: an impact report is a combination of understanding your mission, your work and your audience, and communicating that clearly to the rest of the world.

Revenue	<b>\$228,979</b>
Expenses	<b>\$209,896</b>
Excess	<b>\$ 19,083</b>
Net Assets Dec 31, 2022	<b>\$140,147</b>

# 2023 Goals

2023 will mark the 40th anniversary of SBAK. We plan to celebrate with an SBAK birthday party and a new event, the Rise-N-Roll Breakfast, where we will honor a Pivotal Master of Change in the Spina Bifida community.

We also plan to launch a new program: The Demmer and Beth Bryant Independence Program. Our goal is to raise \$150,000 for this program over the next three years and hire a social worker part-time to assist teens and adults as they spread their wings.

This program will focus on:

- Helping teens research career paths
- Resources for adult healthcare providers so they can give our folks quality care
- A special financial assistance fund to help make homes more accessible.

# Our Team

## 2022 Board of Directors

Colleen Payne – Chair  
Jonathan Evans – Chair Elect  
Sam Oliver – Treasurer  
Cindy Pryor – Secretary  
Jeffrey White, MD  
Christi McKim  
Jessica Wilkerson  
Amanda Kleier  
Ryan Rhodes  
Samantha Miller  
Jeff Simonic

PROJECTS

DETAILS

OUTCOME

## Staff

Douglas Dressman – Executive Director  
Sarah Richardson – Program Director  
Maria Baker – Administrative Manger

# We thank you for your ongoing support of our organization

SBAK is supported by generous individual donors, corporate sponsors, matching gifts, grants and fundraising events.



**Spina Bifida Association of Kentucky, Inc.**  
**982 Eastern Parkway, Ste. 18**  
**Louisville, KY 40217**  
**502.637.7363**  
**[www.sbak.org](http://www.sbak.org)**

The Spina Bifida Association of Kentucky is a registered 501(c)(3) organization. All donations are tax deductible to the extent allowed by law