



SPINA BIFIDA
ASSOCIATION
OF KENTUCKY

The SBAK Connection

Quarterly Newsletter

What you need to know, now.

march

2022



SPINA BIFIDA
ASSOCIATION
OF KENTUCKY

SPRING EGGSTRAVAGANZA PICNIC

Saturday, April 16th * 11 am - 1 pm EST

Beckley Creek Park: Price Waterhouse Cooper Pavillion

- **Fun for the ENTIRE SBAK community (Adults, Parents, Kids) from all over Kentucky**
- **Decorate your own flower pot and plant spring flowers**
- **Enjoy Box Lunches and sweet treats**
- **Adaptive Egg Hunt for the kiddos**
- **Prize Giveaways**
- **Individual and Family Photos**
- **RSVP Required (srichardson@sbak.org for more details)**





SPINA BIFIDA FAMILY CAMP APRIL 1ST-3RD



Registration is OPEN!

The whole family is invited! Camper Ages 3-17

Fishing * Boating * Swimming * Mini Golf * Horseback Riding *
Archery * Arts & Crafts * Bowling * AND MORE!

Visit courageouskids.org





Thanks to the generosity of the WHAS Crusade for Children, the Spina Bifida Association of Kentucky was able to host our first ever "PICK YOUR PLAY."



Outdoor play is integral to a child's development. The benefits derived from play are especially important to kids with disabilities like spina



bifida. Outdoor play improves motor skills, lowers body mass index, improves muscle strength and overall health, and much more! We were able to give the gift of play to nearly 20 families that requested adaptive play equipment in this special Financial Assistance Program opportunity.



"Before she just watched from the sidelines while other kids rode their bikes. But she rides this EVERY DAY! I cannot say thank you enough!"

The Express Feedback for Good fundraiser was a huge success! Our families and supporters created **\$35,642** by sharing opinions of everyday brands. We hope to make an even BIGGER impact in 2022.

**CREATE \$150
OF IMPACT
WITH YOUR
OPINION**





2021 TOP TEAMS

EVELYN'S ENTOURAGE - \$13,823

ANGELS FOR AVERY - \$13,671

BRIAR'S BELIEVERS - \$7,607

CRUISIN' WITH SOPHIA CLAIRE - \$4,964

RYNLEE'S RENEGADES - \$3,966

RORY'S ROYALS - \$3,966

TEAM NATE THE GREAT - \$3,667

TEAM JADISEN - \$2,698

LOVE FOR LINCOLN - \$2,629

NERIAH'S COALITION - \$2,318



Special 2022 WALK-N-ROLL ANNOUNCEMENT

In 2022, SBAK will be hosting our biggest Walk-n-Roll ever! Instead of dividing our attention across the state, we want to bring as many families together as possible at our Louisville WNR, October 29th.

Stay tuned to learn more about the POP-UP WALK option for communities to gather regionally.



2021 Holiday Fun

